**Seminar 4**

**Tasks**

1. Read… Becoming an Adult p. 95 -131

**Terms - Minds On**

age of majority anticipatory socialization autonomous self cohort effect

dilemma distress Dream ego

fidelity identity intimacy life structure

mentor rating scale resocialization rites of passage
self-regulation semi autonomous socialization

**Summary**

Write a five sentences summary of this chapter. Try to be as comprehensive as you can in these five sentences. Include as much of the key information as possible. There will be a prize for the best one! NOTE: Do this first so you don’t forget, it is worth marks on its own.

**Discussion Questions - Action**

1. Why is it so hard to pin point when you are an adult?
2. Do we have rites of passage in Canada? If so what are some examples?
3. What do traditional Hindu beliefs say about human development? How is this similar to other types of Canadian views on development?
4. What do you think of the pace of development analogy using several ‘separate clocks’? How might society deal with the changing pace of development in the various areas?
5. Summarize and compare the developmental theories of Erikson, Riedgel, Loevinger, the family life cycle, Pearling, Levinson and Arnett.
6. How does Gail Sheehy’s revised map of adult life define adolescence and adulthood? Do these markers work for you or what type of markers would you use?
7. Expand on what you already know about socialization based on the ideas of resocialization and anticipatory socialization and identity formation.
8. How do family, school and work influence the development of an identity in early adulthood?
9. How do family, school and work influence career development?
10. How important are each of the following supportive relationships and how do they need to adjust at this time? Include parent – child, friendships, work place relationships, mentor relationships?
11. How would a symbolic interactionist approach explain how individuals perceive their socialization for adulthood?
12. Read the case study Sean Enters the World. Answer the first three questions at the end of the reading.

**Reflection Questions - Consolidation**

1. In your experience and or opinion how does the transition to adulthood differ for men and women, or does it?
2. Which of the seven developmental theories best fits your perceptions of early adult life and why?

*Learning Goal (Begin with the End in Mind): I will see that becoming an adult is a complex process that isn’t just accomplished through physical maturation I will discover the psychological theories of development, gender differences, identity development, the factors that impact career choices and important relationships.*